- "There is nothing impossible to they who will try."
- Alexander the Great
- "Keep your face always toward the sunshine, and shadows will fall behind you."
- Walt Whitman
- "Success is not final, failure is not fatal: it is the courage to continue that counts."
- Winston Churchill
- "Spread love everywhere you go."
- Mother Teresa
- "For me, becoming isn't about arriving somewhere or achieving a certain aim. I see it instead as forward motion, a means of evolving, a way to reach continuously toward a better self. The journey doesn't end."
- Michelle Obama
- "What lies behind you and what lies in front of you, pales in comparison to what lies inside of you."
- Ralph Waldo Emerson
- "It is during our darkest moments that we must focus to see the light."
- Aristotle
- "Believe you can and you're halfway there."
- Theodore Roosevelt
- "In a gentle way, you can shake the world."
- Mahatma Gandhi
- "Try to be a rainbow in someone's cloud."
- Maya Angelou
- "Real change, enduring change, happens one step at a time."
- Ruth Bader Ginsburg
- "Live your beliefs and you can turn the world around."
- Henry David Thoreau
- "Life is like riding a bicycle. To keep your balance, you must keep moving."
- Albert Einstein

Never fear shadows. They simply mean there's a light shining somewhere nearby.

-Ruth Renkel

It is often the small steps, not the giant leaps, that bring about the most lasting change.

-Queen Elizabeth II

If you want to lift yourself up, lift up someone else.

-Booker T. Washington

There is always light. If only we're brave enough to see it. If only we're brave enough to be it.

-Amanda Gorman

You're braver than you believe, stronger than you seem, and smarter than you think.

-A.A. Milne

The people who are crazy enough to think they can change the world are the ones who do.

-Steve Jobs

A person who never made a mistake never tried anything new.

-Albert Einstein

Act as if what you do makes a difference. It does.

-William James

Where there's hope, there's life. It fills us with fresh courage and makes us strong again.

-Anne Frank

Believe you can and you're halfway there.

-Theodore Roosevelt