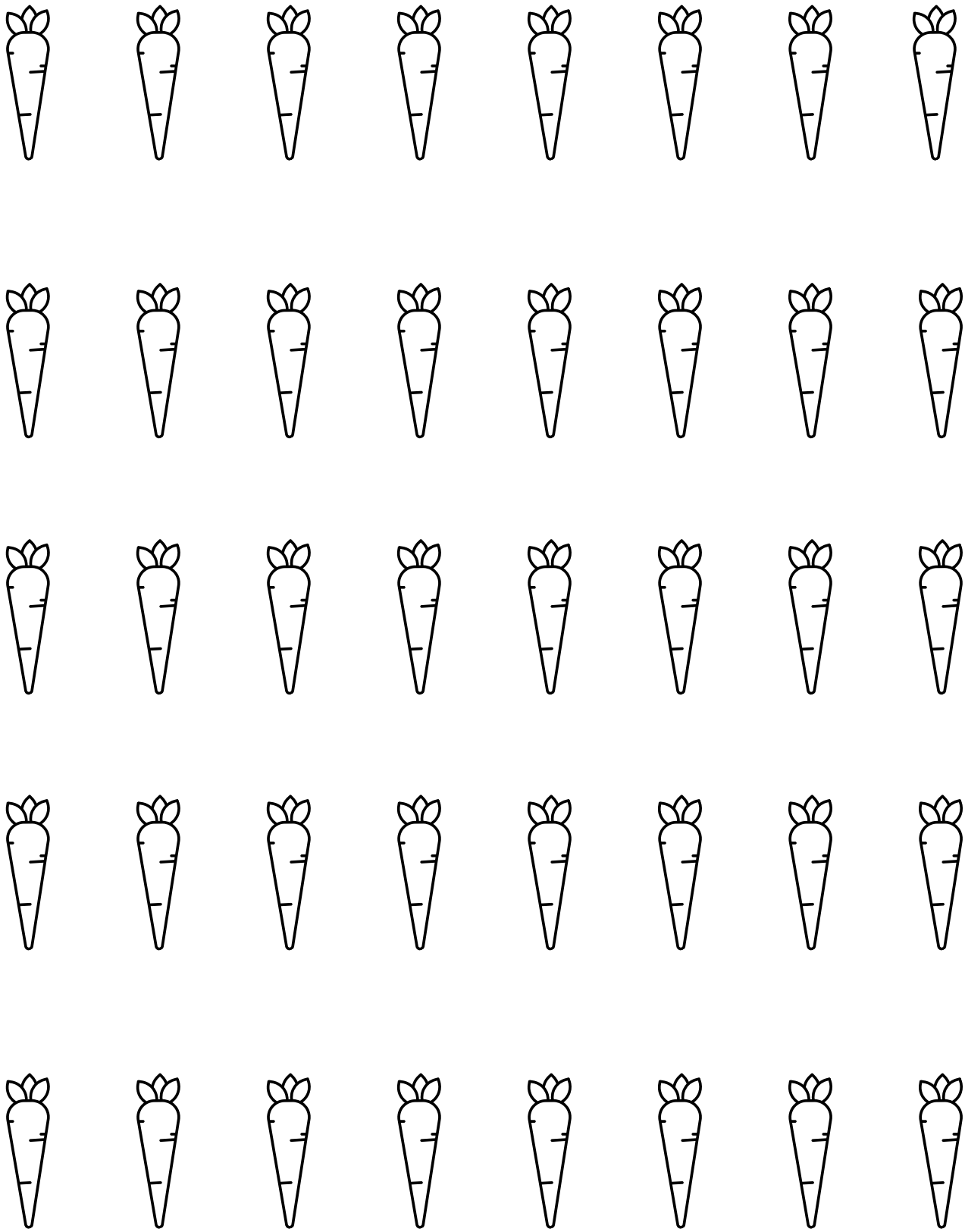Carrots